







To whet your appetite

- Russian salad 2,00€

- Smoked tuna with tomato and almond sauce 2,50€

- Little shrimp omelete 3,00€

- Specialty of the day 4,00€
- Crab and shrimp salad 2,50€

- Bread/bread sticks and butter/ olive oil 1,50€

- Gluten free bread 2,50€
- Olives 1,50€




CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS




MOLUSCOS





ALTRAMUCES


Salads


- Mixed salad (lettuce, tomato, carrot. Cooked eggs & tuna) 10,00€



- Salad Of Roasted Peppers With Tuna "Ventresca" 13,00€



- Caesar Salad (Various Types Of Lettuce, Cheese, Cherry Tomato, Black Olives, Grilled Chicken & Ceasar Dressing) 11,00€



- Tuna "Pipirrana" (Tomati, Onion, Green Pepper, Tuna, Oil, Salt, Vinager) 11,00€



- Capresse Salad (Tomato, Mozzarella, Black Olives, Basil & Pesto Sauce) 11,00€


- Dried Fig and Almond Salad (Various Types Of Lettuce, Mozzarella, Almond, Dried Fig and Almond Sauce) 12,00€


- Prawns Salad (Lettuce, Cooked Prawns, Apple, Avocado & Pink Salsa) 15,00€


- Rioseco Salad (Various Lettuces, Chicken, Dried Fruits, Tomato Cherry, Goat Cheese & Honey & Mustard Sauce) 12,00€


- Torreguardiario Salad (Various lettuces, fried goat cheese, tomato cherry, fried bacon, caramelized walnuts and strawberry jam sauce) 12,00€



Ingrediente Extra / Extra ingredient 2,00€



CONTIENE GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACHUETES



SOJA



LACTEOS



FRUTOS DE CÁSCARA



APIO



MOSTAZA



GRANOS DE SÉSAMO



DIÓXIDO DE AZUFRE Y SULFITOS













MOLUSCOS



ALTRAMUCES

Starters

- Chicken croquettes 12,00€

- Cuttlefish croquettes 12,00€

- Prawns in Pil-Pil sauce 15,50€

- Steadmed mussels 15,00€

- Cantabrian anchovies 22,00€

- Variety of Spanish cheeses 15,00€

- Iberian ham 20,00€

- Tuna confit (Tuna and White pig lard) 18,00€

- Marinated anchovies 12,00€

- Fresh salmon meatballs with clams, prawns, house sauce and mashes potatoes 20,00€




CONTIENE GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS DE CÁSCARA



APIO



MOSTAZA



GRANOS DE SÉSAMO



DIÓXIDO DE AZUFRE Y SULFITOS












MOLUSCOS



ALTRAMUCES

First Courses

- Sea food soup 12,00€

- Bolognese spaguetti 10,00€

- Spicy spaguetti with prawns and squid in ink 15,00€

- Scrambled eggs with asparagus, prawns and garlic 12,00€

- Scrambled eggs, potatoes with serrano ham and fried onion 13,50€

- Vegetables wok 12,00€

- Vegetables wok with chicken 13,50€

- Vegetables wok with prawns 14,50€

- Vegetables wok "marymonte" (chicken and prawns) 17,00€


* WOK EXTRA INGREDIENT : RICE OR RICE NOODLES

2,00€



CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS















MOLUSCOS



ALTRAMUCES

Fish

- Fried anchovies marinated with lemon 16,00€

- Fried squid 20,00€

- Grilled squid 23,00€

- Grilled swordfish 22,00€

- Grilled salmon 20,00€

- Salmon in fennel cream sauce 21,50€

- Grilled octopus with potato 22,00€

- Galician- style octopus(octopus with boiled potatoes and paprika) 20,00€

- Small fried shrimp with fried eggs 18,00€

- John Dory cordon blue
(Breaded Jhon Dory, prawns and cheese-garlic sauce) 20,00€

- Fried John Dory 20,00€

- Grilled John Dory 22,00€


Ask for special dishes.

All our Fried dishes can be made with gluten free flavor



CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS



MOLUSCOS



ALTRAMUCES

Meat

- Chicken cordon bleu with serrano ham and cheese sauce 15,00€

- Beef cordon bleu with serrano ham and cheese sauce 20,00€

- Pork sirloin with mushroom cream sauce 16,00€

- Pork sirloin in "Pedro Ximenez" sauce 16,00€

- Chicken curry with plums and rice 15,00€

- Fried chicken in garlic sauce 14,00€

- Breaded chicken 11,00€

- Milanese veal with pasta and tomato sauce 20,00€

- Grilled Entrecôte steak 25,00€
- Entrecôte steak in pepper sauce 26,50€

- Veal Burger (lettuce, tomato, onion and cheese) 14,00€

- Veal Burger Plus (lettuce, tomato, onion, cheese, fried egg and bacon) 16,00€

- Grilled pork "Secreto Iberico" 23,00€
- Grilled lamb chops 28,00



CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS







MOLUSCOS



ALTRAMUCES

Paellas & Rices

- Seafood paella with squid ink 36,00€

- Meat and fish paella 34,00€

- Iberian pork paella 36,00€
- Seafood paella 40,00€

- Rice in broth with carabinero prawn 50,00€

- Vegetables paella 34,00€

(Minimum 2 people / to order)



CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS













MOLUSCOS



ALTRAMUCES

Desserts

- Tiramisú 6,00€

- Tocino De Cielo 5,50€

- Chocolate brownie with vanilla ice crema and nuts 6,50€

- Apple cake with vanilla ice cream 7,00€

- Chocolate mousse 6,00€

- Variety of ice cream (1 Sccop) 2,50€

- White chocolate crepê, nuts and chocolate ice cream 7,50€

- Chocolate crepê with banana and vanilla ice cream. 7,50€

- Seasonal fruit 3,50€
- Lemon and mandarin sorbet with alcohol(vodka). 5,00€

- Non-alcoholic lemon or mandarin sorbet 4,00€




CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS



MOLUSCOS



ALTRAMUCES