







To whet your appetite

- Russian salad 2,00€

- Smoked tuna with tomato and almond sauce 2,50€

- Little shrimp omelete 3,00€

- Specialty of the day 4,00€
- Crab and shrimp salad 2,50€

- Bread/bread sticks and butter/ olive oil 1,50€

- Gluten free bread 2,50€
- Olives 1,50€




CONTIENE
GLUTEN



CRUSTÁCEOS



HUEVOS



PESCADO



CACAHUETES



SOJA



LACTEOS



FRUTOS
DE CÁSCARA



APIO



MOSTAZA



GRANOS
DE SÉSAMO



DIÓXIDO DE AZUFRE
Y SULFITOS




MOLUSCOS





ALTRAMUCES


Salads


- Mixed salad (lettuce, tomato, carrot. Cooked eggs & tuna) 10,00€



- Salad Of Roasted Peppers With Tuna "Ventresca" 13,00€



- Caesar Salad (Various Types Of Lettuce, Cheese, Cherry Tomato, Black Olives, Grilled Chicken & Ceasar Dressing) 11,00€



- Tuna "Pipirrana" (Tomati, Onion, Green Pepper, Tuna, Oil, Salt, Vinager) 11,00€



- Capresse Salad (Tomato, Mozzarella, Black Olives, Basil & Pesto Sauce) 11,00€


- Dried Fig and Almond Salad (Various Types Of Lettuce, Mozzarella, Almond, Dried Fig and Almond Sauce) 12,00€


- Prawns Salad (Lettuce, Cooked Prawns, Apple, Avocado & Pink Salsa) 15,00€


- Rioseco Salad (Various Lettuces, Chicken, Dried Fruits, Tomato Cherry, Goat Cheese & Honey & Mustard Sauce) 12,00€


- Torreguardiario Salad (Various lettuces, fried goat cheese, tomato cherry, fried bacon, caramelized walnuts and strawberry jam sauce) 12,00€



Ingrediente Extra / Extra ingredient 2,00€



CONTIENE GLUTEN



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CACHUETES



SOJA



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ALTRAMUCES


Starters


- Chicken croquettes 12,00€



- Cuttlefish croquettes 12,00€



- Prawns in Pil-Pil sauce 15,50€



- Steadmed mussels 15,00€



- Cantabrian anchovies 22,00€



- Variety of Spanish cheeses 15,00€


- Iberian ham 20,00€


- Tuna confit (Tuna and White pig lard) 18,00€


- Marinated anchovies 12,00€


- Fresh salmon meatballs with clams, prawns, house sauce and mashes potatoes 20,00€





CONTIENE GLUTEN



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MOLUSCOS



ALTRAMUCES

First Courses

- Sea food soup 12,00€

- Bolognese spaguetti 10,00€

- Spicy spaguetti with prawns and squid in ink 15,00€

- Scrambled eggs with asparagus, prawns and garlic 12,00€

- Scrambled eggs, potatoes with serrano ham and fried onion 13,50€

- Vegetables wok 12,00€

- Vegetables wok with chicken 13,50€

- Vegetables wok with prawns 14,50€

- Vegetables wok "marymonte" (chicken and prawns) 17,00€


* WOK EXTRA INGREDIENT : RICE OR RICE NOODLES

2,00€



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MOLUSCOS



ALTRAMUCES

Fish

- Fried anchovies marinated with lemon 16,00€

- Fried squid 20,00€

- Grilled squid 23,00€

- Grilled swordfish 22,00€

- Grilled salmon 20,00€

- Salmon in fennel cream sauce 21,50€

- Grilled octopus with potato 22,00€

- Galician- style octopus(octopus with boiled potatoes and paprika) 20,00€

- Small fried shrimp with fried eggs 18,00€

- John Dory cordon blue
(Breaded Jhon Dory, prawns and cheese-garlic sauce) 20,00€

- Fried John Dory 20,00€

- Grilled John Dory 22,00€


Ask for special dishes.

All our Fried dishes can be made with gluten free flavor



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ALTRAMUCES

Meat




- Chicken cordon bleu with serrano ham and cheese sauce 15,00€

- Beef cordon bleu with serrano ham and cheese sauce 20,00€

- Pork sirloin with mushroom cream sauce 16,00€

- Pork sirloin in "Pedro Ximenez" sauce 16,00€

- Chicken curry with plums and rice 15,00€

- Fried chicken in garlic sauce 14,00€

- Breaded chicken 11,00€

- Milanese veal with pasta and tomato sauce 20,00€

- Grilled Entrecôte steak 25,00€
- Entrecôte steak in pepper sauce 26,50€

- Veal Burger (lettuce, tomato, onion and cheese) 14,00€

- Veal Burger Plus (lettuce, tomato, onion, cheese, fried egg and bacon) 16,00€

- Grilled pork "Secreto Iberico" 23,00€
- Grilled lamb chops 28,00



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MOLUSCOS



ALTRAMUCES

Desserts

- Tiramisú 6,00€

- Tocino De Cielo 5,50€

- Chocolate brownie with vanilla ice crema and nuts 6,50€

- Apple cake with vanilla ice cream 7,00€

- Chocolate mousse 6,00€

- Variety of ice cream (1 Sccop) 2,50€

- White chocolate crepê, nuts and chocolate ice cream 7,50€

- Chocolate crepê with banana and vanilla ice cream. 7,50€

- Seasonal fruit 3,50€
- Lemon and mandarin sorbet with alcohol(vodka). 5,00€

- Non-alcoholic lemon or mandarin sorbet 4,00€




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